

Extra-Curricular Clubs

During lockdown we have been given a great opportunity to learn new skills and take up hobbies that we enjoy. Our teachers at St Thomas More School have been baking, sewing, gardening, taking part in theatre clubs, taking part in Covid-conversations, to discuss current affairs and more.

So here is a challenge for you. Have a look at the following extra-curricular clubs that interest you and complete the challenge or activity. Who knows, you might find out what subjects you really want to study at GCSE, A Level or beyond!

Drama Club

Make a creative response a 30 second – 1 minute video or sound recording on the theme of unlocked.

<https://www.highlysprungperformance.co.uk/learning/physical-fellowship/>

English Club

Write a poem on any theme and enter Foyle's Young Poets of the Year competition -

<https://foyleyoungpoets.org/>

An exciting poetry writing opportunity with a competition from Young Writers -

<https://www.youngwriters.co.uk/competitions/KS3-4/through-their-eyes>

Write a 100 word mini SOS Saga for the Young Writers competition -

<https://www.youngwriters.co.uk/competitions/KS3-4/sos-missing>

Write a 100 word spine chilling story for the Young Writers competition -

<https://www.youngwriters.co.uk/competitions/KS3-4/spine-chillers>

Music Club

Create a 30 second composition of a body percussion piece of music that could be used to represent a celebration. Be creative with the body percussion you use and create a video of your performance.

Psychology Club

https://www.bbc.co.uk/science/humanbody/mind/index_surveys.shtml

STEM Club

STEM club is resuming online with Dr Nourbakhsh. This term there will be Zoom sessions with invited guests.

History Club

We want you to use the resources on the website under the 'Children under 16' heading and look at the biographies of the Great Black Britons nominated on www.100greatblackbritons.com You can choose one or several Great Black Britons. You then need to create a unique and innovative project to celebrate their work and legacy. This could be:

- for a presentation (examples could include a slide presentation, a short film, a speech, poetry, a drama or dance performance)
- for a display (such as artwork, photography, sculpture)
- a project or campaign (such as recorded interviews, a magazine, a music project)
- any other way of promoting the stories of Great Black Britons (perhaps a social media campaign, website design, posters)

https://www.100greatblackbritons.co.uk/competition.html?utm_source=Schools&utm_campaign=abf5d4cd3c-EMAIL_CAMPAIGN_2019_09_24_01_26_COPY_07&utm_medium=email&utm_term=0_02029bddfd-abf5d4cd3c-326227815&mc_cid=abf5d4cd3c&mc_eid=de42c1f74f

Rugby Club

Here are 12 minutes individual skills that you can do at home. If you do not have a ball, you can use anything you have at home. Be creative, fruit, a balloon, a cushion. Great skills for hand-eye coordination.

https://www.youtube.com/watch?v=pZB-6kl_440

MFL Club

1. Pick a recipe from the link:
 - Spanish recipes: <https://spanishsabores.com/2017/09/09/top-20-essential-spanish-recipes-to-make-at-home/>
 - French recipes: <https://www.kidspot.com.au/kitchen/recipes/collections/french-recipes?page=2&q=>
2. Cook it at home -ASK FOR HELP! DON'T DO IT ALL ON YOUR OWN!
3. Write the recipe in **Spanish or French** -depending on your subject. KEEP IT SIMPLE! USE ONLY INFINITIVES. FOLLOW THIS MODEL:
 - Lavar las patatas // Laver les pommes de terre.
 - Pelar las patatas // Éplucher les pommes de terre.
 - Cortar y freir las.... // Couper et faire frire les...
4. Take a picture of your final dish and upload both the picture and the Spanish/French recipe into SMHW using this format: MariaPerez7DX1tortilla.jpg
5. Yes, you can use DICTIONARIES, **DO NOT USE GOOGLE TRANSLATE.**