



St Thomas More
Catholic School
The King's good servant but God's first

PARENT NEWSLETTER

9.10.2026



Welcome from Mr Rosen, Head of School

"Whatever you do, work at it with all your heart." Colossians 3:23

Dear Parents and Carers,

As we move further into the first term, our pupils should now be establishing the routines that will help them become successful and independent learners.

Preparing their bag and equipment the night before, completing homework, being punctual and arriving ready to learn may seem like small things, but these daily habits build responsibility, independence and resilience.

Alongside these routines are our CREST values, which shape the character we want to see in every young person:

Courage to challenge ourselves and make the right choices.

Respect for ourselves, one another and our community.

Service to others and a commitment to making a difference.

Teamwork through supporting each other and working together.

These values do not end at the school gates. We want our pupils to live them both inside and outside school, becoming young people who contribute positively to their families and communities.

The partnership between home and school is therefore incredibly important. By working together and maintaining high expectations, we can help our children develop the habits, values and character they need to fulfil their potential at St Thomas More Catholic School.

Together, we can ensure that every child is on the right track to Succeed, Thrive and Make a Difference.

God bless.

Upcoming dates

12.10.2026

Year 11 career interviews continue
Year 11 Media Sky Studio trip
Year 11 History trip to cinema for Peasant's Uprising film

13.10.2026

Year 7-11 flu vaccines
Black Panther screening

14.10.2026

Year 7 online Bayeux Tapestry learning experience
Year 8 Highgate Chrysalis Axiom Maths Circles
Year 10 cohort 1 LVN trip
Maths SATS booster for primary school pupils

15.10.2026

Year 6 prospective parents open morning tours
Year 10 Jack Petchey 'Speak Out' Challenge
Sixth Form Q&A with barrister

16.10.2026

Year 7 BHM scavenger hunt
Year 11 Science Impress Masterclass

Attendance

In the case that your child cannot attend school, please call 020 8888 7122, and choose Option 1.

Safeguarding

Our school safeguarding team is Ms Warriner, Designated Safeguarding Lead; Ms Bona, Mrs Mouis, Mr Wood and Mr Rosen. Any concerns can be notified to parents@stthomasmoreschool.org.uk, marked FAO Safeguarding Team.

Instagram

You can follow us on Instagram [@st_thomas_more_n22](https://www.instagram.com/st_thomas_more_n22) to see what has been going on in and around the school each day and we now also have a dedicated Sixth Form Instagram page [@stsm6thform](https://www.instagram.com/stsm6thform), featuring daily posts on events, opportunities, and Sixth Form life.

PTA

The Parent Teacher Association (PTA) is raising vital funds to support and expand our after-school clubs!

Can you help? 🍦

We are planning regular ice cream sales to fund these clubs and urgently need a working chest /ice cream freezer. If you or a local business can donate one, please get in touch!

Join our team! 🍷

We are always looking for enthusiastic volunteers to help us organise and run exciting PTA events. Every hour you can spare makes a huge difference to the students.

✉ Contact: parents@stthomasmoreschool.org.uk



Headteacher's Award



Congratulations to this week's winners of the Headteacher's CREST Award, they are: Kaltra Austria-Manaj and Eldana Amani (both 11BK1), for Teamwork. During guided reading they both supported pupils in developing their confidence and fluency in reading, and also Amaya Tantos-Douglas (7BK1), for Service, for presenting to Year 6 prospective parents at our Open Evening.

Idiom of the week

A storm in a teacup

Meaning:

A lot of anger or excitement about something relatively unimportant.

Example:

The disagreement turned out to be a storm in a teacup.

Words of the week

Monday – Ingratiating (Adjective): Ingratiating behaviour is to gain someone's favour or approval.

Tuesday – Swill (Verb & Noun): To cause a liquid to flow around or over something, often in order to clean it. Or, as kitchen scraps fed to pigs.

Wednesday – Tarpaulin (Noun): (A large piece of) heavy waterproof cloth used as a covering.

Thursday – Dabble (Verb): To take part in an activity without real commitment.

Cultural Capital: Derives from the 14th Century word "dab" meaning to strike or pat, or from the Dutch word "dabbelen" meaning to fumble.

Friday – Congregation (Noun): A group of people who have come together in a religious building for worship and prayer.

Thought of the week

The most important key to success is having the discipline to do what you know should be done, even when you do not feel like doing it. Stay positive, work hard and make it happen.



Black History Month in MFL

Students at our MFL Cultural Explorers Club learned about Lucía Asué Mbomío Rubio, a Spanish journalist, writer and anti-racism activist. After completing a mini-biography jigsaw activity in Spanish, students created posters celebrating her life, achievements and contribution to Spanish society.

Students are also completing short BHM activities in their Spanish lessons throughout the month.



Table tennis

KS3 and KS4 Haringey table tennis competition took place this week for the boys. STM took a full squad to the tournament and it was well worth it! The U13s finished in a close 2nd taking home silver medals, whilst the U15s narrowly missed out on a bronze finishing 4th. Well done to all those that took part.



Youth Council Leader

El Shaddai Sileshi in Year 12 serves as the Youth Council Leader for the Haringey Youth Council. In this role, El Shaddai represents the voices of young people across the borough and works with fellow youth leaders to influence decisions that affect their communities.

This week, as part of his leadership responsibilities, El Shaddai attended the International Security Expo 2026, where he explored emerging technologies used in policing, crime prevention and public safety. He has also taken part in a debate in the London Youth assembly, discussing crime and policing. El Shaddai's commitment to leadership, service and civic engagement is an excellent example of our school values in action.



Our new Prep dinner menu!

We're delighted to introduce our new Prep dinner menu, with a delicious home-style meal planned for each day of the week.

Monday: 🍝 Penne Lasagne

Tuesday: 🍛 Chicken Curry & Rice

Wednesday: 🧀 Mac & Cheese

Thursday: 🍗 Drumsticks & Wedges

We hope our Prep students will enjoy these tasty new additions to their dinner choices.



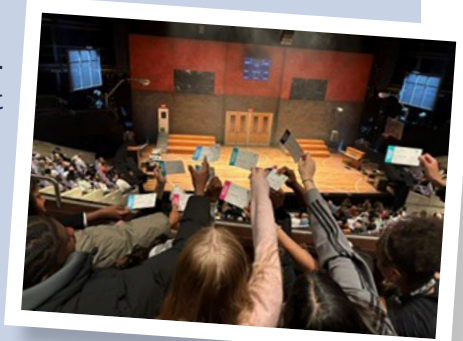
Biomedical Technology Ventures Taster

A group of Year 11 and Year 12 students visited Imperial College and attended a stimulating open afternoon which included: a taster lecture, a brief overview of the course, short talks on engineering approaches to understanding and solving biomedical problems and the chance to hear first-hand experiences of journeys to and studying at Imperial from student ambassadors.



The Story

As part of our Black History Month celebrations, students in Year 12 and 13 had the opportunity to watch *The Story* at the National Theatre. The production explores journalism, race, ambition and the stories we choose to tell. After the production we had a post-show talk with Mekel Edwards, a former St Thomas More pupil, who is now a Producer at the National Theatre, currently working on *The Jungle Book*. Mekel shared his journey from student to theatre professional, offering inspiring insights into the creative industries and the opportunities available to our young people.





GOSPEL

Twenty-Eight Sunday of the Year
Week Beginning 11th October 2026 Year A
Gospel Reading: Matthew 22: 1-14
Gospel Reflection: The Wedding Party

Introduction:

God gives each one of us an invitation to join him in his heavenly kingdom and the celebration of everlasting life. We must choose whether to accept the invitation or turn away from his loving offer.

First Reading (Isaiah 25:6-10a): A prophecy of a rich banquet prepared by God on His mountain, where death and sorrow will be destroyed forever.

Responsorial Psalm (Psalm 23:1-6): *"The Lord is my shepherd; there is no lack in what he gives." or "I shall live in the house of the Lord all the days of my life."*

TO READ MRS HENRY'S FULL GOSPEL REFLECTION, PLEASE [CLICK HERE](#)

CATHOLIC CALENDAR

28 TH SUNDAY IN ORDINARY TIME Psalm week 4	
12.10.2026	Monday of week 28 in Ordinary Time
13.10.2026	Tuesday of week 28 in Ordinary Time
14.10.2026	Wednesday of week 28 in Ordinary Time or Saint Callistus, Pope, Martyr
15.10.2026	Saint Teresa of Ávila, Virgin, Doctor
16.10.2026	Friday of week 28 in Ordinary Time or Saint Hedwig, Religious or Saint Margaret Mary Alacoque, Virgin
17.10.2026	Saint Ignatius of Antioch, Bishop, Martyr

PRAYER

Lord Jesus, you invite each one of us to enter the kingdom of Heaven. Help us to make the effort to do things God's way, so that we can accept your offer and be ready to share in your glory at the end of time. Amen.

MOTIVATIONAL QUOTE

St Paul reminds us that 'neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.' (Romans 8.38-39). We offer these resources to give you some ideas to maintain and deepen your faith, to remind you that God loves you, and to ensure we remain connected to one another through our prayers.



Timetables

Year 11	SATURDAY 10.10.2026
09:30 – 11:30	Science: Ms Elmi (MG9), Ms Lee (MG10), Mr Barnes (MG12), Mr Saunders (MF1), Ms Hoare (MG8), Ms Healy (MG8), Ms Cabatay (MG11), Mr Akkoc (MG5)

Year 13	SATURDAY 10.10.2026
09:30 – 11:30	English (Option B and C) – Dr Jones (EG3) Economics (Option A) - Mr Tissot (DG1)
11:35 – 13:35	Physics (Option C) - Mr Saunders (MF1)

PLEASE NOTE THAT THE ENTRANCE GATES WILL BE CLOSED AT 09:35;
THERE WILL BE NO ENTRY AFTER THIS TIME.



Sports Club Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7:30 - 8:30	Year 11 Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall KS4/KS5 Brazilian Jiu Jitsu Gi Mr Saunders Gymnasium 7:00-8:00am	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Years 7 Boys' Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Table Tennis All years Mr Turner Dance Studio
LUNCHTIME			Volleyball Mr Oteng & Ms Marinou Small Gym	Volleyball Mr Oteng & Ms Marinou Small Gym	
PM 15:15 - 16:15	Netball Mrs Carter & Ms Birch Netball Courts Years 8 Boys' Football Mr Turner Astroturf Year 10 Boys' Football Mr Nwokeji Astroturf	Trampolining All years Ms Marinou Small Gym Badminton Miss Clifford Sports Hall Year 9 Boys' Football Mr Hadjisavva Astroturf Rugby (all) Mr Baker Astroturf	Indoor Athletics All years Mrs Carter Sports Hall	Youth Club - Girls' Football Girls Years 7 & 8 Miss Clifford Astroturf Youth Club - Boys' Football Mr Nwokeji Astroturf Youth Club - Mixed Basketball All years Mr Oteng Courts Youth Club - Trampolining All years Ms Marinou Small Gym Youth Club - Fitness Mr Nwokeji Fitness Suite	Sixth Form Football Mr Omojudi Astroturf
16:15 - 17:15	Sixth Form Football Mr Omojudi Astroturf			KS4/KS5 Brazilian Jiu Jitsu No Gi Mr Saunders Gymnasium	



STM - Succeed, Thrive, Make a Difference



FRANCE TRIP



— AMIENS —

MARCH 2027

**PLACES ARE STILL
AVAILABLE!**

If you would like your child
to take part, please ask them
to sign up as soon as possible.

DON'T MISS OUT!





SPAIN TRIP



BARCELONA

MAY 2027

**PLACES ARE STILL
AVAILABLE!**

If you would like your child
to take part, please ask them
to sign up as soon as possible.

DON'T MISS OUT!



Black History Month

BHM2026

DIG DEEPER, LOOK CLOSER, THINK BIGGER



St Thomas More
Catholic School

Clubs!

Business
Club -
Thursdays
at lunch

KS3 Drama Club - Thursdays
after school

Into Film Club -
Wednesdays at lunch

KS3
Book
Club

MFL Club -
Tuesdays at lunch

Moment for Jesus

Events!

Prefect Assembly Week	5 th - 9 th October
Year 11 Historians BHM Film Screening	Wednesday 7 th October
A Level Drama Trip to 'The Story' at the National Theatre	Thursday 8 th October
KS3 Black Panther Screening	Tuesday 13 th October
Black British Footballers Talk	Tuesday 13 th October
Year 7 African Drumming Workshop	Tuesday 13 th October
Year 7 Scavenger Hunt	Friday 16 th October
Sixth Form BHM Social	Friday 16 th October
Year 9 BHM Film Screening	Monday 19 th October
Year 8 BHM Trip to the National Archives	Wednesday 21 st October
Year 8 Steel Pan Workshop	Wednesday 21 st October
Year 10 BHM Trip to the National Archives	Thursday 22 nd October

In our departments!

Media - A Level and BTEC highlighting Black creatives and Black voices

R.E. - exploring gospel music and faith

Food Tech - KS3 cooking culturally significant dishes

History - Kingdom of Aksum and Black Tudors

Business and Economics - exploring African and Caribbean economies, Black owned businesses and the work of Levi Roots

Art - focus on Black artists Odili Donald Odita and Kehinde Wiley

P.E. - Black Sportspeople competition

Geography - KS3 Mapping Migration

I.T. - Black Women Inspirational Computer Scientists Competition

M.F.L. - highlighting contributions of Black writers and musicians in French and Spanish speaking cultures

Science - KS3 Black Scientists throughout history

English - KS3 Black History in poetry

BLACK HISTORY MONTH CREATIVE COMPETITION 2026

This year's theme, "Honouring Our Communities," invites us to recognise the individuals whose everyday contributions shape, support and sustain Black life across the United Kingdom.



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Please bring your competition entries to Ms Morrissey in EF2 by Monday 19th October. Lots of prizes available for best entries in each year group!

Your task is to respond to the theme creatively. You could:

- Write a poem
- Make a poster
- Make a collage
- Write a short story
- Make a model

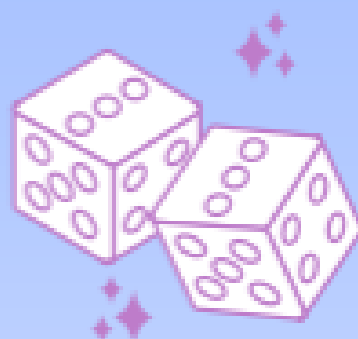
You can interpret this theme however you wish! Get creative!

Are you a young autistic person aged 11-16 years in England and Wales?

(or their parent!)

Do you want to take part in a research project to **improve well-being for autistic young people?**

If you take part you would have a **50:50 chance of attending new groups to learn about autism** in a fantasy role-playing game, or getting the usual care you can access where you live.



You would also be asked to fill in questionnaires and **get up to £100** in shopping vouchers.

If you are interested, and have a formal autism diagnosis, you can [read more and fill in a form here](#).

Or scan this QR code:





the
ACCESS
to
SPORTS
project



26 - 29 October

OCTOBER HALF-TERM

AGES 5-16 | FREE OF CHARGE

The Access to Sports Project are offering a range of Sports Activities for young people aged 5 - 16

Activities include:

- Football, Basketball, Multi-Sports, Flag Football, Tennis & more!

Venues include:

- Finsbury Park Athletics Track
- Finsbury Park Ball Courts
- Finsbury Park Tennis Courts
- Downhills Park Tennis Courts
- Chestnuts Park Tennis Courts
- Priory Park Tennis Courts



BOOK ONLINE

WWW.ACCESSSTOSPORTS.ORG.UK

INFO@ACCESSSTOSPORTS.ORG.UK

Haringey

FREE

the
ACCESS
to
SPORTS
project



NFL FLAG FOOTBALL



FINSBURY PARK ATHLETICS TRACK

26 - 29 OCTOBER 2026

10.30AM-12.30PM | AGES 8-11

1PM-3PM | AGES 12-16

EMAIL US:

INFO@ACCESSTOSPORTS.ORG.UK

REGISTER ONLINE:

WWW.ACCESSTOSPORTS.ORG.UK

