



St Thomas More
Catholic School
The King's good servant but God's first

PARENT NEWSLETTER

11.9.2026



Welcome from Mr Rosen, Head of School

"Let all that you do be done in love." 1 Corinthians 16:14

Dear Parents and Carers,

We have now completed our first full week back at school, and it has been a very positive start to the academic year. It has been wonderful to see our pupils focused, motivated, and ready to learn as they embrace our vision to Succeed, Thrive, and Make a Difference.

Throughout the week, students have demonstrated excellent attitudes to learning, showing commitment in lessons and a determination to make the most of every opportunity. We are very proud of how they have returned to school and settled quickly into their routines.

We were also delighted to welcome our Year 11 and Sixth Form parents to our recent information evenings. These events provided an opportunity to share the important journey ahead and the support available to help students achieve their full potential this year. We look forward to doing the same with our Year 7, 8, 9 and 10 families next week through our online information evenings. Please look out for the Zoom link and joining details, which will be sent shortly.

As we continue to build positive habits for success, we ask for your support in two key areas:

- **Homework:** Please encourage your child to complete all homework tasks to the best of their ability. Regular completion of homework is a vital part of enhancing academic progress and developing independent study skills.
- **Uniform and Equipment:** Taking a few minutes each evening to check that your child has the correct uniform and the equipment they need for the next day helps ensure they arrive at school ready to learn.

Thank you, as always, for your continued support and partnership. By working together, we can ensure that every child is equipped to flourish academically, spiritually, and personally throughout the year ahead.

Upcoming dates

14.9.2026

Rome trip
Year 8 parent information evening
Year 10 & 12 photography day
Year 11 career guidance interviews begin

15.9.2026

Year 7 CAT results and parent information evening
Year 11 (selected) Impress Maths Masterclass

16.9.2026

Year 10 Cohort 1 LVN Workshop
Year 10 Up the Ante

17.9.2026

Year 8 IntoUniversity Maximising Memory workshop
Year 9 parent information evening
Year 11 IntoUniversity - Education Choices Beyond 16
Sixth Form Geography trip to Green Careers
Showcase, Walthamstow Wetlands

Attendance

In the case that your child cannot attend school, please call 020 8888 7122, and choose Option 1.

Safeguarding

Our school safeguarding team is Ms Warriner, Designated Safeguarding Lead; Ms Bona, Mrs Mouis, Mr Wood and Mr Rosen. Any concerns can be notified to parents@stthomasmoreschool.org.uk, marked FAO Safeguarding Team.

Instagram

You can follow us on Instagram [@st_thomas_more_n22](https://www.instagram.com/st_thomas_more_n22) to see what has been going on in and around the school each day and we now also have a dedicated Sixth Form Instagram page [@stmsixthform](https://www.instagram.com/stmsixthform), featuring daily posts on events, opportunities, and Sixth Form life.



The God Who Speaks

“And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.” (Psalm 1:3)

“He answered and said, ‘Whether he be a sinner or no, I know not; one thing I know, that, whereas I was blind, now I see.’” (John 9:25)

Idiom of the week

Bite the bullet

Meaning:

To face a difficult or unpleasant situation with courage.

Example:

Eventually, I had to bite the bullet and begin revising the topic I found hardest.

Words of the week

Monday – Fraught (Adjective): Causing or having extreme worry or anxiety.

Tuesday – Pertinent (Adjective): Relating directly to the matter being discussed or thought about.

Wednesday – Abstract (Adjective): Existing as an idea, feeling, or quality, rather than a material physical object.

Thursday – Flotsam and Jetsam (Noun): Pieces of broken wood and other waste materials found on the beach or floating on the sea.

Cultural Capital: Flotsam has become a euphemism for “debris” or what has been left over. Jetsam was cargo thrown overboard to lighten the load if a ship was sinking. Philip Larkin’s now very nostalgic 1959 poem “To the Sea” mentions the “flotsam and jetsam” floating on the sea as a symbol of a bygone age to suggest that the sea, and perhaps nature, were once considered more important and integral to daily life compared with when Larkin was writing and technology was taking over! 70 years later, here we are...

Friday – Mercurial (Adjective): Changing suddenly and often.

Thought of the week

If you want to live a happy life, tie it to a goal. Not to people or things. Train your mind to see the positive in every situation.



PE kit donations

We would appreciate donations of any outgrown items of our **new style** PE kit. Please bring any unwanted items to our school reception. Thank you.



After-school prep

We were delighted to welcome our Prep students back on Monday, 7th September, as we begin another exciting academic year. It has been wonderful to see our students return with enthusiasm and readiness to engage with their learning.

We look forward to supporting our students in establishing strong routines, developing positive study habits and making the most of the opportunities available to them throughout the year.

Prep is open Monday to Thursday until 7pm and on Fridays until 4.15pm, providing our students with valuable opportunities to access additional study time and support throughout the week.



GOSPEL

Twenty-Fourth Sunday in Ordinary Time Year A
Week Beginning September 13th 2026
Gospel Reading: (Matthew 18: 23-35)
Title: Be Forgiving

First Reading (Sirach 27:30—28:7): Advice on letting go of anger, wrath, and grudges, reminding us that mercy must be given if we wish to receive it from God

Responsorial Psalm (Psalm 103:1—2, 3—4, 9—10, 11—12): "The Lord is kind and merciful, slow to anger, and rich in compassion."

Second Reading (Romans 14:7—9): St. Paul's reminder that we do not live or die for ourselves alone, but belong completely to the Lord.

TO READ MRS HENRY'S FULL GOSPEL REFLECTION, PLEASE [CLICK HERE](#)

CATHOLIC CALENDAR

24 TH SUNDAY IN ORDINARY TIME Psalm week 4	
14.9.2026	The Exaltation of the Holy Cross Feast
15.9.2026	Our Lady of Sorrows
16.9.2026	Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs
17.9.2026	Thursday of week 24 in Ordinary Time or Saint Robert Bellarmine, Bishop, Doctor or Saint Hildegard of Bingen, Virgin, Doctor
18.9.2026	Friday of week 24 in Ordinary Time
19.9.2026	Saturday of week 24 in Ordinary Time or Saint Januarius, Bishop, Martyr or Saturday memorial of the Blessed Virgin Mary

PRAYER

Loving God, we thank You for the gift of education and for all those who dedicate their lives to teaching and supporting young people. Bless our students, staff, governors, families and parish communities. Help us to grow in wisdom, faith and understanding. May our schools be places where everyone is valued, encouraged and inspired to become the person You created them to be. Through Christ our Lord. Amen.

MOTIVATIONAL QUOTE

If you never know failure, you will never know success. So, push harder than yesterday if you want a different tomorrow.



Timetables

Year 11	SATURDAY 12.9.2026
09:30 – 11:30	MATHS: Mr. Alibanwie (EF6), Mr. Enu (EF1), Mr. Fernando (EF2), Mr. Evans (EG4), Ms. Sowa (EF4), Mr. Calibasi (EG3), Mr. Asare (EF5), Mr. Asante (EF3)

Year 13	SATURDAY 12.9.2026
09:30 – 11:30	PE – Ms. Clifford (SF4) Media – Ms Dag (NF3) Economics – Ms Malaj (SG3) BTEC Sport – Mr Rosen (SF3)

PLEASE NOTE THAT THE ENTRANCE GATES WILL BE CLOSED AT 09:35;
THERE WILL BE NO ENTRY AFTER THIS TIME.



Sports Club Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7:30 - 8:30	Year 11 Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall KS4/KS5 Brazilian Jiu Jitsu Gi Mr Saunders Gymnasium 7:00-8:00am	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall	Athletics All years Mr Omojudi Sports Hall	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Table Tennis All years Mr Turner Dance Studio
LUNCHTIME			Volleyball Mr Oteng & Ms Marinou Small Gym	Volleyball Mr Oteng & Ms Marinou Small Gym	
PM 15:15 - 16:15	Netball Mrs Carter & Ms Birch Netball Courts Boys' Rugby Mr Baker Astroturf Years 7 & 8 Football Mr Turner Astroturf Year 10 Boys' Football Mr Nwokeji Astroturf	Trampolining All years Ms Marinou Small Gym Badminton Ms Clifford Sports Hall Year 9 Boys' Football Mr Hadjisavva Astroturf	Indoor Athletics All years Mrs Carter Sports Hall Girls' Rugby Mr Baker Astroturf	Youth Club - Girls' Football Girls Years 7 & 8 Ms Clifford Astroturf Youth Club - Boys' Football Mr Nwokeji Astroturf Youth Club - Mixed Basketball All years Mr Oteng Courts Youth Club - Trampolining All years Ms Marinou Small Gym Youth Club - Fitness Mr Nwokeji Fitness Suite	Sixth Form Football Mr Omojudi Astroturf
16:15 - 17:15	Sixth Form Football Mr Omojudi Astroturf			KS4/KS5 Brazilian Jiu Jitsu No Gi Mr Saunders Gymnasium	



STM - Succeed, Thrive, Make a Difference

Applications for the **Arkwright Engineering Scholarship** are now open, offering an exciting opportunity for your aspiring young engineers.

Young people apply in Year 11 (England and Wales), to begin two years of support starting in the following academic year.

Arkwright Scholars benefit from a wide range of exclusive enrichment opportunities across diverse engineering fields. This prestigious two-year scholarship is highly regarded by leading UK universities and industry employers alike, making it a valuable addition to any young person's academic journey.

To learn more about this year's programme, you can:

- Watch our *"What is the Arkwright Engineering Scholarship?"* video: <https://www.youtube.com/watch?v=khn7JN7ewc0>
- Read the *digital leaflet* with a programme overview: <https://www.smallpeicetrust.org.uk/spt-content/uploads/2026/07/Arkwright-Digital-Leaflet.pdf>

Your next steps

To get involved and support your young people, we encourage you to:

- Learn about your role by watching our *"Expectations and Benefits for Nominating Adults"* video: www.youtube.com/watch?v=fxvjRq0i4kM&feature=youtu.be
- View this year's *application timeline*: <https://www.smallpeicetrust.org.uk/timeline/>
- Access the *Arkwright Handbook* for detailed guidance: https://www.smallpeicetrust.org.uk/wp-content/uploads/2025/09/AES_Handbook2025.pdf
- Book *a virtual assembly or a support session* if you would like help introducing the scholarship to young people or to arrange a targeted Q&A with an Arkwright representative: <https://bookings.cloud.microsoft/book/ArkwrightScholarshipProgramme@smallpeicetrust.org.uk/?ismsaljsauthenabed>
- Explore the *resources available on our website* for young people to scaffold the application process: <https://www.smallpeicetrust.org.uk/i-am-a-future-scholar/>

If you have any questions, please don't hesitate to contact us at scholarships@smallpeicetrust.org.uk



IN HARINGEY

SEND

Haringey
London

CAMHS



ADHD WORKSHOPS

Does your child have ADHD? Or are they on the waiting list for assessment, or do they present with needs in this area?



Come along and hear about helpful information and strategies

- Open to all parents/carers
- Meet fellow parents and practitioners

Upcoming Workshop Dates and Topics

Tuesday 15th Sep: ADHD, diagnosis and beyond

Tuesday 20th Oct: ADHD and executive functioning

Tuesday 10th Nov: ADHD and development of attention

Tuesday 15th Dec: ADHD and parental self-care, emotional well-being and crisis management

**The workshops will take place at:
Chestnuts Community Centre, N15 5BN**

**10am - 11:30am - Presentation
11:30am - 12pm - Discussion (optional)**



Sign up here: <https://sendpowerinharingey.eventbrite.com>

Webinars for parents and carers

delivered by



Haringey Educational Psychology Service

ADHD and executive functions

- For parents/carers of children of all ages
- Wednesday 21st October from 1 to 2pm

This webinar will focus on understanding ADHD and executive functions (the processes that help with prioritising, planning, problem-solving, inhibition and time-management) and strategies to support children in this area

Building connections with your child and parent/carer well-being

- For parents/carers of children of all ages
- Wednesday 25th November 2026 from 12 to 1pm

This webinar will focus on supporting parents/carers to build and maintain positive relationships with their children and to put strategies in place to manage their own well-being

Future webinars

These will be held in the Spring and Summer terms on topics such as emotional regulation, the teenage brain and sleep

Sign up



Scan the code to register or visit
www.eventbrite.co.uk/o/markfield-31140926185



sendiass@markfield.org.uk

Free consultation with a Haringey Educational Psychologist

SEND

For parents/carers concerned about their
child's development, learning, emotional well-
being or behaviour

Educational psychologists support schools, early years settings, families and children around issues including development, learning, literacy, emotional well-being, behaviour and mental health

Book a free 40-minute session to:

- Discuss your concerns
- Get expert guidance
- Create a plan of support

Register at <https://shorturl.at/OBWNx>
or scan the QR code below:



Scan me

