St Thomas More Catholic School

The King's good servant but God's first

PARENT NEWSLETTER

20.11.2026



Welcome from Mr Rosen, Head of School

"Let all that you do be done in love." 1 Corinthians 16:14

Dear Parents and Carers,

Our vision at St Thomas More is for every child to Succeed, Thrive and Make a Difference, and our CREST values help our pupils understand what this looks like in practice.

To Succeed is to work hard, persevere when things are difficult and make the most of the talents God has given us. To Thrive is to grow in confidence, character and compassion, building positive relationships and taking care of ourselves and others. To Make a Difference is to put our values into action, whether through an act of kindness, helping another pupil, serving our community or standing alongside those who need our support.

Today provides a particularly powerful example. As part of Red Wednesday, pupils are wearing a red item and we are collecting donations in solidarity with Christians and others around the world who face persecution because of their faith.

These actions may appear small, but they teach an important lesson: every one of us has the capacity to make a difference.

Thank you for working in partnership with us as we help our young people to succeed academically, thrive personally and spiritually, and understand their responsibility to make a positive difference in the world.

Upcoming dates

23.11.2026
Aid for the Church in Need assembly
Year 8 (select students) EEF: Adventure & Challenge Residential departs
Year 11 Careers Gujdance interviews continue
Year 12 A Level Politics conference

24.11.2026
Year 8 (select students) to Vue Cinema
Year 10 Speak Out assembly

25.11.2026
Aid for the Church in Need assembly
Years 7-11 flu vaccine catch-up
Year 8 (select students) Highgate Chrysalis Axiom Maths Circle
Year 10 cohort 1 LVN online mentoring
Year 13 Philosophy trip to the Jesuit Centre

26.11.2026
Year 10 (select students) to Lady Margaret Hall, Oxford University
GCSE Music Solo rehearsals and concert

Attendance

In the case that your child cannot attend school, please call 020 8888 7122, and choose Option 1.

Safeguarding

Our school safeguarding team is Ms Warriner, Designated Safeguarding Lead; Ms Bona, Mrs Mouis, Mr Wood and Mr Rosen. Any concerns can be notified to parents@stthomasmoreschool.org.uk, marked FAO Safeguarding Team.

Instagram

You can follow us on Instagram @st_thomas_more_n22 to see what has been going on in and around the school each day and we now also have a dedicated Sixth Form Instagram page @stmsixthform, featuring daily posts on events, opportunities, and Sixth Form life.

PTA

The Parent Teacher Association (PTA) is raising vital funds to support and expand our after-school clubs!

Can you help? 🍦
We are planning regular ice cream sales to fund these clubs and urgently need a working chest /ice cream freezer. If you or a local business can donate one, please get in touch!

Join our team! 🤝
We are always looking for enthusiastic volunteers to help us organise and run exciting PTA events. Every hour you can spare makes a huge difference to the students.

✉️ Contact: parents@stthomasmoreschool.org.uk

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Headteacher's Award



Congratulations to this week's winner of the Headteacher's CREST Award; she is Christabel Omane (9BK2), for Respect, for being a well-mannered and supportive liturgy prefect and School Council rep, who has supported events such as the senior citizen Christmas party and offertory for school Masses since Year 7.

Idiom of the week

Get cold feet

Meaning:

To become nervous about something you planned to do and consider backing out.

Example:

I wanted to stand for the student council, but I started to **get cold feet** before my speech.

Words of the week

Monday – Subdued (Adjective): If a colour or light is subdued, it is not very bright. Or a noise is not loud. Or if a person is subdued, they are not as happy as usual, or they are quieter than usual.

Tuesday – Machiavellian (Adjective): Using clever but often dishonest methods that deceive people so that you can win power or control.

Wednesday – Comestibles (Noun): Things that are for eating.

Thursday – Reverie (Noun): Pleasantly lost in one's thoughts.
Cultural Capital: Daydreaming is a state of reverie. In psychoanalytic theory, reverie is considered to be a means of absorbing emotional turbulence.

Friday – Disdain (Noun): The feeling of not liking someone or something and thinking that they do not deserve your interest or respect.

Thought of the week

If any of you lacks wisdom, you should ask God, Who gives generously to all without finding fault, and it will be given to you.' (1 James 1:5).

- How awesome it is that we can ask God for wisdom and guidance.
- We don't always know what the best option to choose is - but He knows.
- When you feel unsure you can ask Him to help you to do the right thing.
- He will direct your path and He will make your paths straight.

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PE

Last week, saw our successes in PE continue.

The Year 9 boys' football team won their first two league fixtures against Greig City (5–2) and Park View (3–1), putting them top of the Haringey league table.

The Year 7 boys' football team also followed suit, beating Greig City 7–4. In true STM fashion, the boys called upon St Thomas More for a little extra help with a prayer before kick-off. Not that they needed it! They are now also top of the Haringey league table.

The Sixth Form football team replicated last season's win over St Ignatius, beating them 2–1. A great result for the team, progressing into the next round of the Middlesex Cup.

The U13's girls football team beat Bishop Challoner 5–3 progressing into the next round of the London Cup.

Well done to all students involved and thank you to staff who continue to support our teams.

Sylvia



Last Friday, all Year 7 pupils enjoyed a special trip to the Royal Albert Hall to watch a schools' performance of Sylvia – a vibrant hip-hop, funk and soul musical telling the remarkable story of Sylvia Pankhurst, the rebellious middle daughter of suffragette leader Emmeline Pankhurst.

Before the performance, pupils were treated to a special introduction from West End star Beverley Knight, who took to the stage to speak to the audience about the production and introduce the show. It was a fantastic opportunity for pupils to experience the magic of live musical theatre in such an iconic venue, while exploring an important story of courage, determination and the fight for equality.

Rose Janssen, from 7BK1, said: "I really enjoyed watching Sylvia! The music, dancing and performances were incredible, and I loved learning about Sylvia Pankhurst and everything she stood for. It was a brilliant experience and something I will remember for a long time!"

We Mean Business workshop



A small group of our students took part in the We Mean Business workshop, delivered by AFK Charity. The session gave students the opportunity to explore the world of business, share ideas and learn about what it takes to run a business. It was an enjoyable and engaging experience, encouraging students to think creatively and develop their confidence.

A big thank you to AFK Charity for delivering the workshop! We really enjoyed having the team with us and look forward to seeing them again soon!

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GOSPEL

Thirty-Fourth Sunday of the Year A
Week Beginning 22nd November 2026

The Feast of Christ the King
For Sunday, **22 November 2026** (Solemnity of Our Lord Jesus Christ, King of the Universe Year A), the Gospel reading is Matthew 25:31–46 (the judgment of the sheep and the goats).

First Reading: Ezekiel 34:11–12, 15–17
Responsorial Psalm: Psalm 23:1–2, 2–3, 5–6
Second Reading: 1 Corinthians 15:20–26, 28
Gospel Reading: Matthew 25:31–46

Introduction:
Today is the last Sunday of the Church's year, the Feast of Christ the King. As the year draws to an end, we turn our thoughts to when Christ will return as king at the end of time.

TO READ MRS HENRY'S FULL GOSPEL REFLECTION, PLEASE CLICK HERE

CATHOLIC CALENDAR

	Psalm week 2
22.11.2026	CHRIST THE KING *Solemnity*
23.11.2026	Monday of week 34 in Ordinary Time or Saint Clement I, Pope, Martyr or Saint Columbanus, Abbot and Missionary
24.11.2026	Saints Andrew Dũng-Lac and his Companions, Martyrs
25.11.2026	Wednesday of week 34 in Ordinary Time or Saint Catherine of Alexandria, Virgin, Martyr
26.11.2026	Thursday of week 34 in Ordinary Time
27.11.2026	Friday of week 34 in Ordinary Time
28.11.2026	Saturday of week 34 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

PRAYER

Lord Jesus Christ, King of the Universe, we thank You for Your love, mercy, and faithfulness. Help us to recognise You in those who are hungry, lonely, suffering, or in need.

Give us generous hearts so that we may serve others with kindness and compassion.

Teach us to place You at the centre of our lives and to live each day according to Your Gospel. May Your peace rule in our hearts, Your truth guide our decisions, and Your love inspire our actions. As we come to the end of this liturgical year, help us to prepare for Your coming with faith, hope, and joy. We ask this through Christ our King. Amen.

MOTIVATIONAL QUOTE

People rarely succeed unless they have fun in what they are doing. So remember "Your attitude, not your aptitude, will determine your altitude."

Timetables

Year 11	SATURDAY 21.11.2026
09:30 – 11:30	Media Studies BTEC: Ms Marques (Ms Dag) (NF4) Health and Social Care BTEC: Ms Pitfield (MF2) Ms Andreas (MF5) Business Enterprise L2: Mr Pappas (NG1) Information Technology L2: Mr Ghoudelbourk (MF1) GCSE PE: Mr Turner (DG4)
11:35 – 13:35	Media Studies BTEC: Ms Marques (Ms Dag) (NF4) Health and Social Care BTEC: Ms Pitfield (MF2) Ms Andreas (MF5) Business Enterprise L2: Mr Pappas (NG1) Information Technology L2: Mr Ghoudelbourk (MF1)

Years 12 & 13	SATURDAY 21.11.2026
09:30 – 11:30	Year 12 Art and Design: Ms Sorrentino (MF4) Year 13 Economics A Level: Ms Malaj (SG3) Year 13 Art and Design: Ms Sorrentino (MF4)
11:35 – 13:35	Year 12 Art and Design: Ms Sorrentino (MF4) Year 13 Art and Design: Ms Sorrentino (MF4)

PLEASE NOTE THAT THE ENTRANCE GATES WILL BE CLOSED AT 09:35;
THERE WILL BE NO ENTRY AFTER THIS TIME.

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ENRICHMENT TIMETABLE

Clubs 2026–27

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 7:30 – 8:30	**Year 11 Football** · Mr Omojudi · *Astroturf*	**Athletics** · Mr Omojudi · *Sports Hall*	**Y7/8 Boys Basketball** · Mr Ameh · *Sports Hall* **Y7 Boys Football** · Mr Omojudi, Mr Melrose · *Astroturf*	**Athletics** · Mr Omojudi · *Sports Hall*	**Y7/8 Boys Basketball** · Mr Ameh · *Sports Hall* **Table Tennis (All years)** · Mr Turner · *Dance Studio* **Year 11 Football** · Mr Omojudi · *Astroturf* **GCSE Music Ensemble** · 08:00 – 08:40 · Mrs Green · *NG3* **Sixth Form Croissants and Conversations** · 08:15 – 08:45 · Ms Marques · *NF4*
Lunchtime	**A Moment for Jesus** · 13:50 start · *School Chapel* **Digital Club** · Ms Marques · *NF4* **Games Club (Years 7–11)** · Curriculum Support Dept · *NG7* **Prime Time** · Dr Enu, Mr Asante · *GF7* **Fashion Club** · Mrs Alban · *MS4* **Art Club (All years)** · Ms Sorrentino · *MF4* **Year 7 & 8 Band** · Mrs Green · *NG3* **Chess Club (All years)** · Ms Binfield-Gonzales · *EF6*	**A Moment for Jesus** · 13:50 start · *School Chapel* **Digital Club** · Ms Marques · *NF4* **Games Club (Years 7–11)** · Curriculum Support Dept · *NG7* **Prime Time** · Mr Ssemakula, Mr Gaete · *GF7* **Cultural Explorers** · Ms Carrillo-Figueroa · *MS4* **Translation Bee** · Ms Muheim · *MS2* **Art Club (All years)** · Ms Sorrentino · *MF4*	**A Moment for Jesus** · 13:50 start · *School Chapel* **Volleyball** · Mr Oteng & Ms Marinou · *Small Gym* **IntoFilm** · Ms Patseva · *NF4* **Games Club (Years 7–11)** · Curriculum Support Dept · *NG7* **Prime Time** · Mr Powell, Mr Calibasi · *GF7* **Art Club (Years 10–13)** · Ms Sorrentino · *MF4* **Health and Sociology in the News** · Ms Hanson · *MS7*	**A Moment for Jesus** · 13:50 start · *School Chapel* **Volleyball** · Mr Oteng & Ms Marinou · *Small Gym* **Digital Club** · Ms Marques · *NF4* **Business Club (Years 7–9)** · Ms Malaj · *SG3* **Games Club (Years 7–11)** · Curriculum Support Dept · *NG7* **Prime Time** · Mr Bevan · *GF7* **Gifted & Talented Maths (Years 7 & 8)** · Mrs Sowa, Mr Fernando · *GF11* **Rock Band** · Mr Collard · *NG3* **Art Club (All years)** · Ms Sorrentino · *MF4* **Language Leaders** · Ms Muheim · *MS2* **Sixth Form Bible Study** · Mrs Henry · *EG3*	**A Moment for Jesus** · 13:50 start · *School Chapel* **Digital Club** · Ms Marques · *NF4* **Games Club (Years 7–11)** · Curriculum Support Dept · *NG7* **Prime Time** · Mrs Sowa · *GF7* **Dance Club (Years 9–10 girls)** · Haringey Competition · Mr Omojudi · *Dance Studio* **KS3 Book Club** · Ms Birch · *MG3* **Art Club (Years 10–13)** · Ms Sorrentino · *MF4*
After school 15:15 – 16:15	**Netball** · Mrs Carter & Ms Birch · *Netball courts* **Y8 Boys Football** · Mr Turner · *Astroturf* **Y10 Boys Football** · Mr Nwokeji · *Astroturf* **Curriculum Support Homework Club** · until 16:30 · *NG7* **Sign Language Club (Year 12)** · Ms Pitfield · *MS7* **PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**Trampolining (All years)** · Ms Marinou · *Small Gym* **Badminton** · Miss Clifford · *Sports Hall* **Y9 Boys Football** · Mr Hadjisavva · *Astroturf* **Rugby (All years)** · Mr Baker · *Astroturf* **Curriculum Support Homework Club** · until 16:30 · *NG7* **PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**Indoor Athletics (All years)** · Mrs Carter · *Sports Hall* **Debate Mate (Years 7–9)** · Mr Frederick, Ms Isaacs · *MS4/MS5* **Curriculum Support Homework Club** · until 16:30 · *NG7* **PREP (Years 7–13)** · until 19:00 · *See library board for rooms* **Latin American Dance (Years 7–9)** · Ms Carrillo-Figueroa, Mrs Alban · *Dance Studio* **Science Club (Years 7–8)** · Ms Healy · *MG8*	**KS3 Drama Club (Years 7–9)** YOUTH CLUB · Mrs Stretton & Mrs Rosen · *NF1/2* **Debate Mate (Year 10)** · Mr Frederick, Ms Isaacs · *MS1/MS5* **Y7/8 Girls Football** YOUTH CLUB · Miss Clifford · *Astroturf* **Trampolining (All years)** YOUTH CLUB · Ms Marinou · *Small Gym* **Boys Football** YOUTH CLUB · Mr Nwokeji · *Astroturf* **Mixed Basketball (All years)** YOUTH CLUB · Mr Oteng · *Courts* **Fitness** YOUTH CLUB · Mr Nwokeji · *Fitness Suite* **Juggling** YOUTH CLUB · Ms Phillips · *Dance Studio* **Curriculum Support Homework Club** · until 16:30 · *NG7* **PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**Sixth Form Football** · Mr Omojudi, Mr Barnes · *Astroturf* **School Choir** · *Glendale Hall* **PREP (Years 7–13)** · *See library board for rooms*
Late session 16:15 – 17:15	**Sixth Form Football** · Mr Omojudi · *Astroturf* **PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**PREP (Years 7–13)** · until 19:00 · *See library board for rooms*	**KS4 Book Club** · Dr Jones · *GF5*

Together For Families Special Workshop

Every School Day Counts



Illness, attendance and supporting teenagers to attend school.

A free practical workshop for parents and carers.

Do you wonder:

- Is my child too ill for school?
- When should I keep them at home?
- How does absence affect learning?
- How can I support a child who refuses school?
- Who can help at school?

Join us for practical advice, helpful strategies, and information to support your child's attendance and wellbeing.

For parents and carers of children aged 5-16

Delivered in partnership with the Haringey Parenting Delivering Team and Haringey Education, Schools and Learning Service.

Just drop in - no appointment necessary

For more information, contact: parentingprogramme@haringey.gov.uk

Session details:

- **25 November 2026**
- **16 December 2026**
- **9.30am - 12pm**
- **Rising Green Family Hub, 2A Lymington Avenue, Wood Green, N22 6JA**



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