



St Thomas More
Catholic School
The King's good servant but God's first

PARENT NEWSLETTER

23.10.2026



Welcome from Mr Rosen, Head of School

"Whatever you do, work at it with all your heart, as working for the Lord." Colossians 3:23

As we come to the end of a very successful half term at St Thomas More, we have much to celebrate. This was particularly evident at our recent Awards Evening, when we recognised not only the academic achievements of our pupils, but also their personal development, leadership, service and contribution to our school and wider community. It was wonderful to welcome the Mayor of Haringey, Councillor Dawn Barnes, Bambos Charalambous MP, and our former pupil Marco Bardetti, Superintendent for Enfield and Haringey, as our special guests to help us celebrate and present awards to our young people.

At St Thomas More, we are rightly proud of our strong academic tradition, but education must be about more than grades and qualifications. Excellent academic outcomes provide young people with choices and open doors to future opportunities, but we also want our pupils to develop the confidence to step through those doors. We want them to have the courage to embrace challenge, the resilience to persevere when things are difficult, the respect to value others, and the commitment to use their talents in service of those around them. Through effort and teamwork, our pupils learn that genuine success is not simply about what we achieve for ourselves, but about the difference we make to others. This is at the heart of our Catholic mission and our vision to Succeed, Thrive and Make a Difference.

As the half-term break begins, I hope that all our pupils have the opportunity to rest, recharge and spend valuable time with family and friends. Please encourage your children to stay safe and to return ready for another successful half term. The break is also a useful opportunity to check that uniform, shoes, bags and equipment are ready for the return to school.

For our Year 11 and Year 13 pupils, the break also provides an important opportunity to balance rest with preparation. Pupils should attend the intervention sessions available to them and continue purposeful revision in preparation for their mock examinations, which begin on Monday 9th November.

Thank you, as always, for your continued support and partnership. I wish all our pupils, parents and families a safe, restful and enjoyable half-term break, and I look forward to welcoming everyone back refreshed and ready to Succeed, Thrive and Make a Difference.

Upcoming dates

26.10.2026-30.10.2026

Half-term holiday but Year 11 & 13 additional lessons (see timetables attached)

2.11.2026

Inset day - school closed to pupils

3.11.2026

School reopens for all pupils

4.11.2026

Year 8 (select pupils) Highgate Chrysalis Axiom Maths Circle

Year 10 Cohort 1 LVN Online Mentoring

Year 12 (select pupils) SOAS Asia Day

Peer mentors to SOAS

5.11.2026

Year 11 & 12 (select pupils) to Lady Margaret Hall, Oxford

School Council meeting

6.11.2026

MFL speaking mocks

Year 7 author visit: Tia Fisher

Attendance

In the case that your child cannot attend school, please call 020 8888 7122, and choose Option 1.

Safeguarding

Our school safeguarding team is Ms Warriner, Designated Safeguarding Lead; Ms Bona, Mrs Mouis, Mr Wood and Mr Rosen. Any concerns can be notified to parents@stthomasmoreschool.org.uk, marked FAO Safeguarding Team.

Instagram

You can follow us on Instagram [@st_thomas_more_n22](https://www.instagram.com/st_thomas_more_n22) to see what has been going on in and around the school each day and we now also have a dedicated Sixth Form Instagram page [@stsm6thform](https://www.instagram.com/stsm6thform), featuring daily posts on events, opportunities, and Sixth Form life.

PTA

The Parent Teacher Association (PTA) is raising vital funds to support and expand our after-school clubs!

Can you help? 🍦

We are planning regular ice cream sales to fund these clubs and urgently need a working chest /ice cream freezer. If you or a local business can donate one, please get in touch!

Join our team! 🍷

We are always looking for enthusiastic volunteers to help us organise and run exciting PTA events. Every hour you can spare makes a huge difference to the students.

✉ Contact: parents@stthomasmoreschool.org.uk



Headteacher's Award



Congratulations to this week's winners of the Headteacher's CREST Award for Service, they are: Alejandrina Hernandez Rosario (12BK2); Ewurabena Asiedu (12KL1); Aswini Anton (12DX1); Jotham Omolade (12MC1); David Ugochukwu (13KL2) and Beth Gironde Alderete (13BK1), all for supporting the school during our awards evening and ensuring that it ran smoothly and that guests were well looked after.

The God Who Speaks

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. (Isaiah 41:10)

However, they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint. (Isaiah 40:31)

Words of the week

Tuesday – Plunder (Verb): To steal by force, especially during a war, riot, or period of conflict.

Wednesday – Repertoire (Noun): All the things someone can do, all the methods that someone can use.

Thursday – Chicanery (Noun): Clever, dishonest talk or behaviour that is used to deceive people.

Cultural Capital: From the French "chicanerie" meaning "to dispute minor points of law."

Friday – Burgeoning (Adjective): Developing quickly.

Thought of the week

The only person you should try to be better than is the person you were yesterday, so your greatest glory is not in never falling – but in rising every time you fall.



Year 7 Retreat

Our Year 7 students have taken part in their retreat this week, enjoying a valuable opportunity to pause, reflect, pray and spend time together as a year group.

Throughout the retreat, students were encouraged to think about their journey of faith and the importance of supporting one another as members of our St Thomas More community. The day also provided an opportunity to reflect upon our CREST values of Courage, Respect, Effort, Service and Teamwork, and how we can live these values in our everyday lives.

We are very proud of the positive way in which the students participated in the retreat. The remaining Year 7 students will take part in their retreat after the half-term break, when they too will have the opportunity for prayer, reflection and fellowship.

Parent Governor vacancy

Following a resignation, we currently have one vacancy for the position of Parent Governor and invite interested parents to apply. The Parent Governor's role is to provide the governing board with insights on how decisions affect the school from a parent's perspective. It is important to note that this position is not intended for raising individual parents' concerns.

The full governing body meets four times a year - twice in the Autumn term, and once in both the Spring and Summer terms. Based on your skills and experience, you will also be invited to join one of our three committees, which meet once each term.

Please apply by way of a letter to the Chair of Governors which sets out why would you like to become a governor, why St Thomas More School, what skills/attributes/experience you can bring to the governing body.

Applications should be sent to the Clerk c/- Ms Skinner: admin@stthomasmoreschool.org.uk

Please submit your application by 5pm, 30th October 2026. If more than one parent applies, an election will be held.

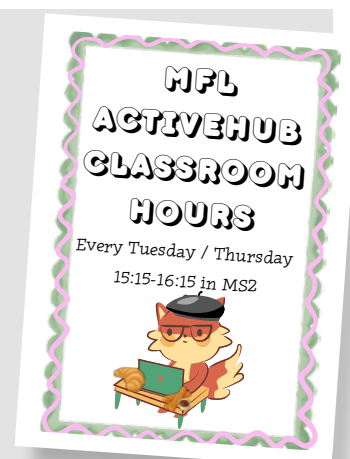
Shakespeare's Globe workshops

Shakespeare's Globe is running *Speaking the Speech*, a series of free workshops designed to support young people who are applying to drama school in 2027. Led by highly experienced practitioners, participants will be encouraged to approach Shakespeare's language with confidence, curiosity and joy.

Details can be found [here](#).

MFL website

In MFL we are introducing ActiveHub Classroom Hours to help pupils transition to the new website for their online homework. They can come to MS2 on a Tuesday and Thursday after school to complete any ActiveHub homework, and ask for help if they have any issues logging in or accessing the work.





GOSPEL

Thirtieth Sunday of the Year A
Week Beginning 25th October 2026
Living Love

First Reading (Exodus 22:20-26): Reminds believers to protect vulnerable strangers, widows, orphans, and the poor with genuine compassion and justice.

Responsorial Psalm (Psalm 18): "I love you, Lord, my strength," praising God as our rock, fortress, and deliverer.

Second Reading (1 Thessalonians 1:5c-10): Commends the community for turning away from idols to serve the living God and living out the faith with joy through trials.

TO READ MRS HENRY'S FULL GOSPEL REFLECTION, PLEASE [CLICK HERE](#)

CATHOLIC CALENDAR

30 TH SUNDAY IN ORDINARY TIME <small>Psalm week 2</small>	
26.10.2026	Monday of week 30 in Ordinary Time or Saints Chad and Cedd, Bishops and Missionaries
27.10.2026	Tuesday of week 30 in Ordinary Time
28.10.2026	Saints Simon and Jude, Apostles <i>Feast</i>
29.10.2026	The Blessed Martyrs of Douai College
30.10.2026	Friday of week 30 in Ordinary Time
31.10.2026	Saturday of week 30 in Ordinary Time or Saturday memorial of the Blessed Virgin Mary

PRAYER

Lord my God, you are my strength, refuge, and deliverer. Give me a heart that loves you with my whole being and recognises your presence in the vulnerable and forgotten. Keep me from using another person's need for my advantage. Teach me to remember compassion when I have power, possessions, or influence, and give me courage to serve with generosity. When faith brings difficulty, sustain me with the joy of the Holy Spirit. May the way I treat others make the living and true God known, as I await Jesus, your risen Son. Amen.

MOTIVATIONAL QUOTE

Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing or learning to do.



Timetables

Year 11	Half-term additional lesson programme
Saturday, 24 th October 9:30 - 11:30	Media (BTEC Opt D) – Ms Marques (NF3) Business Tech Award – Mr Pappas (NF5)
11:35 - 13:35	Media (BTEC Opt D) – Ms Marques (NF3) Health and Social Care – Ms Hanson (MF5) Business Tech Award – Mr Pappas (NF5)
Monday, 26 th October 9:30 - 11:30	Business (Opt D) – Ms Malaj (SG3) Art (Opt C) – Ms Sorrentino (MF4) Media (BTEC Opt D) – Ms Marques (NF3)
11:35 - 13:35	Art (Opt C) – Ms Sorrentino (MF4) Media (BTEC Opt D) – Ms Marques (NF3)
Tuesday, 27 th October 9:30 - 11:30	Maths: ALL Mr. Alibanwie (Mr Ssemakula) (GF12), Mr. Enu (GG2), Mr. Fernando (GF11), Mr. Evans (GF8), Ms. Sowa (Mr Powell) (GF9), Mr. Calibasi (GG3), Mr. Asare (GG4), Mr. Asante (GF10)
11:35 - 13:35	Science (11Sc5) – Ms Hoare (MG7)
Wednesday, 28 th October 9:30 - 11:30	Science – Mr Saunders Sc4 (MF1), Ms Cabatay Sc7 (MG11) RE – Mr O'Brien (EG2), Mr Ruggiero (EG1)
11:35 - 13:35	RE – Mr O'Brien (EG2), Mr Ruggiero (EG1)
Thursday, 29 th October 9:30 - 11:30	RE – Ms Henry (EG3), Ms Wameyo (EG4)
11:00 - 13:35	RE – Ms Henry (EG3), Ms Wameyo (EG4)
Friday, 30 th October 9:30 - 11:30	
11:35 - 13:35	

PLEASE NOTE THAT THE ENTRANCE GATES WILL BE CLOSED AT 09:35;
THERE WILL BE NO ENTRY AFTER THIS TIME.



Timetables

Year 13	Half-term additional lesson programme
Saturday, 24 th October 9:30 - 11:30	Health and Social Care – Ms Hanson (MF5) Economics (Opt A) – Mr Tissot (DG1) French (Opt D) – Ms Muheim (SF1)
11:35 - 13:35	
Monday, 26 th October 9:30 - 11:30	Health and Social Care – Ms Warriner (SG4)
11:35 - 13:35	Economics (Opt A) – Ms Malaj (SG3)
Tuesday, 27 th October 9:30 - 11:30	Sociology (Opt C) – Ms Warriner (SG4) Chemistry (Opt B) – Ms Hoare (MG7) Philosophy (Opt B) – Mr Ruggiero (EG1)
11:35-13:35	Sociology (Opt C) – Ms Warriner (SG4) Maths (Opt C) – Mr Ssemakula (GF12) Philosophy (Opt B) – Mr Ruggiero (EG1) Year 12 Resit Maths – Mr Asare (GG4)
Wednesday, 28 th October 9:30 - 11:30	
11:35 - 13:35	Physics: Mr Saunders (MF1)
Thursday, 29 th October 9:30 - 11:30	Philosophy – Mr O'Brien (EG2)
11:35 - 13:35	Philosophy – Mr O'Brien (EG2)
Friday, 30 th October 9:30 - 11:30	English: Y12/13 Resits – Ms Clifford (GF6)
11:35 - 13:35	

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Sports Club Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7:30 - 8:30	Year 11 Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall KS4/KS5 Brazilian Jiu Jitsu Gi Mr Saunders Gymnasium 7:00-8:00am	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Years 7 Boys' Football Mr Omojudi Astroturf	Athletics All years Mr Omojudi Sports Hall	Years 7 & 8 Boys' Basketball Mr Ameh Sports Hall Table Tennis All years Mr Turner Dance Studio
LUNCHTIME			Volleyball Mr Oteng & Ms Marinou Small Gym	Volleyball Mr Oteng & Ms Marinou Small Gym	
PM 15:15 - 16:15	Netball Mrs Carter & Ms Birch Netball Courts Years 8 Boys' Football Mr Turner Astroturf Year 10 Boys' Football Mr Nwokeji Astroturf	Trampolining All years Ms Marinou Small Gym Badminton Miss Clifford Sports Hall Year 9 Boys' Football Mr Hadjisavva Astroturf Rugby (all) Mr Baker Astroturf	Indoor Athletics All years Mrs Carter Sports Hall	Youth Club - Girls' Football Girls Years 7 & 8 Miss Clifford Astroturf Youth Club - Boys' Football Mr Nwokeji Astroturf Youth Club - Mixed Basketball All years Mr Oteng Courts Youth Club - Trampolining All years Ms Marinou Small Gym Youth Club - Fitness Mr Nwokeji Fitness Suite	Sixth Form Football Mr Omojudi Astroturf
16:15 - 17:15	Sixth Form Football Mr Omojudi Astroturf			KS4/KS5 Brazilian Jiu Jitsu No Gi Mr Saunders Gymnasium	



STM - Succeed, Thrive, Make a Difference

MFL ACTIVEHUB CLASSROOM HOURS

Every Tuesday / Thursday

15:15-16:15 in MS2



FASHION CLUB

YEAR 7 & 8

ALL WELCOME!



MONDAYS

(starting after half term)



LUNCH TIME



MS4

Design, create,
explore fashion
and be creative!



WOMEN'S CIRCUIT CLASSES

Full-body workout
in every class 🐦



FROM JUST **£7** PER
CLASS

PAYG • Blocks of 10 • Flexible packages

Up to £10 depending on package



BUILD
STRENGTH



IMPROVE
FITNESS



BOOST
CONFIDENCE



MONDAYS

7:00–7:45pm



St Thomas More
School, N22 5HN



WEDNESDAYS

6:30–7:15pm



St Thomas More
School, N22 5HN



THURSDAYS

6:45–7:30pm



Cypriot Community
Centre, N22 5HJ

NEW MEMBERS WELCOME
• ALL FITNESS LEVELS •



Contact Leanne to book:

07887 403519

*Stronger
Healthier
Happier* ♥