Health & Social Care Summer Booklet

Unit 5: Promoting Heath Education

A3 Organisations influencing health education

A4 Legislation and regulations impacting on health education

Name; _____

Bring this completed task to your first lesson in September.

This booklet will introduce you to the content for Learning Aims A3 aand A4

A3 Organisations influencing health education

The influence of global, national and local organisations in health education:

- *World Health Organisation (WHO), global health*
- *NHS England*
- *Local Education and Training Boards*
- *UK Health Security Agency, across UK countries boarders*
- *Department of Health and Social Care*
- *Integrated Care Partnerships (ICPs), Integrated Care Systems (ICS),*

Integrated Care Boards (ICB).

- *Local Authorities, social services*
- *Faculty of Public Health, regulate professionals*

A4 Legislation and regulations impacting on health education

Students will consider the importance of legislation and regulations in the implementation of health education at a national and local level:

- *WHO Sustainable Development Goals – goal 3 to ensure healthy lives and promote wellbeing for all at all ages*
- *Health and Care Act (2022) – to include section 3 integrative services and targeted changes to public health and social care*
- *Health and Social Care Act (2012) – to include section 12 duties to improvement of public health*
- *Care Act (2014) – to include section 5, promoting integration of care and support with health services.*

Instructions:

Complete your work on A4 paper.

Complete all activities using reliable sources such as:

- *NHS*
- *GOV.UK*
- *WHO*
- *UKHSA*

Write in full sentences.

Support answers with examples and current health campaigns where appropriate.

1.Organisations Influencing Health Education

Organisation	What is its purpose?	How does it influence health education?	One recent example
WHO			
NHS England			
UK Health Security Agency			
Department of Health & Social Care			
Local Authorities			
Integrated Care Boards			

(i)Explain why organisations need to work together to improve public health.

2.Legislation and Regulations

Legislation	Main purpose	How does it support health education?	Who benefits?
Health & Care Act 2022			
Health & Social Care Act 2012			
Care Act 2014			
Sustainable Development Goal 3			

(i)Which piece of legislation has had the greatest impact on improving public health?

3.Health Campaign Investigation

Choose two campaigns. Examples: Better Health, Every Mind Matters, Stoptober, Change4Life, NHS Vaccinations or Blood Donation.

Write a 500–600 word comparative report comparing your two chosen health campaigns. Include at least one statistic or piece of evidence for each campaign and provide a list of the sources you used.

Your report must include:

- *the name and purpose of each campaign*
- *the health issue each campaign aims to address*
- *the target audience for each campaign*
- *the different methods used to communicate health education, such as social media, websites, posters, television adverts or community services*
- *how each campaign encourages individuals to make healthier choices or change their behaviour*
- *the strengths and weaknesses of each campaign*
- *a comparison of which campaign is likely to have the greatest influence on public health*
- *a justified conclusion explaining which campaign you believe is more effective and why*

4. Case Study - Daniel

Questions:

1. *Identify four health risks Daniel faces.*
2. *Which organisations could support Daniel?*
3. *Which legislation underpins these services?*
4. *Recommend three health education strategies.*
5. *Which strategy is likely to have the greatest impact? Justify your answer.*

5.Health in the News

Find three recent health-related news stories published within the last three months. Your stories should focus on a current health or public health issue in the UK or globally.

Suitable topics could include mental health, obesity, smoking or vaping, infectious disease, vaccination, NHS services, health inequalities, diabetes, cancer, alcohol misuse or public health campaigns.

For each story:

1. *Write the full headline and the date it was published.*
2. *Identify the main organisation involved, for example NHS England, UKHSA, WHO, DHSC, an ICB or a Local Authority.*

3. *Write a 50–75 word summary in your own words explaining what happened. Do not copy and paste from the article.*
4. *Explain why the story is important for public health. Consider who is affected, the possible health risks, and whether health education or action is needed.*
5. *Record the name of the news source you used.*

(i)For one story, explain how it links to A3 organisations influencing health education or A4 legislation and regulations impacting health education.

(ii)Reflection -Which story surprised you most? Explain why.

6.Independent Research

Choose ONE topic.

Produce one of the following.

□ *Poster*

□ *Leaflet*

□ *PowerPoint*

□ *Infographic*

Your work must include:

- *Causes*
- *Risk factors*
- *Health education*
- *Organisations involved*
- *Legislation*
- *One NHS campaign*
- *References*

7.Final Reflection

After completing this booklet, rate your confidence.

Statement	😊	😐	☹
I understand the role of WHO	□	□	□
I understand UKHSA	□	□	□
I understand NHS England	□	□	□
I understand health legislation	□	□	□
I can analyse health campaigns	□	□	□
I can apply my knowledge to case studies	□	□	□